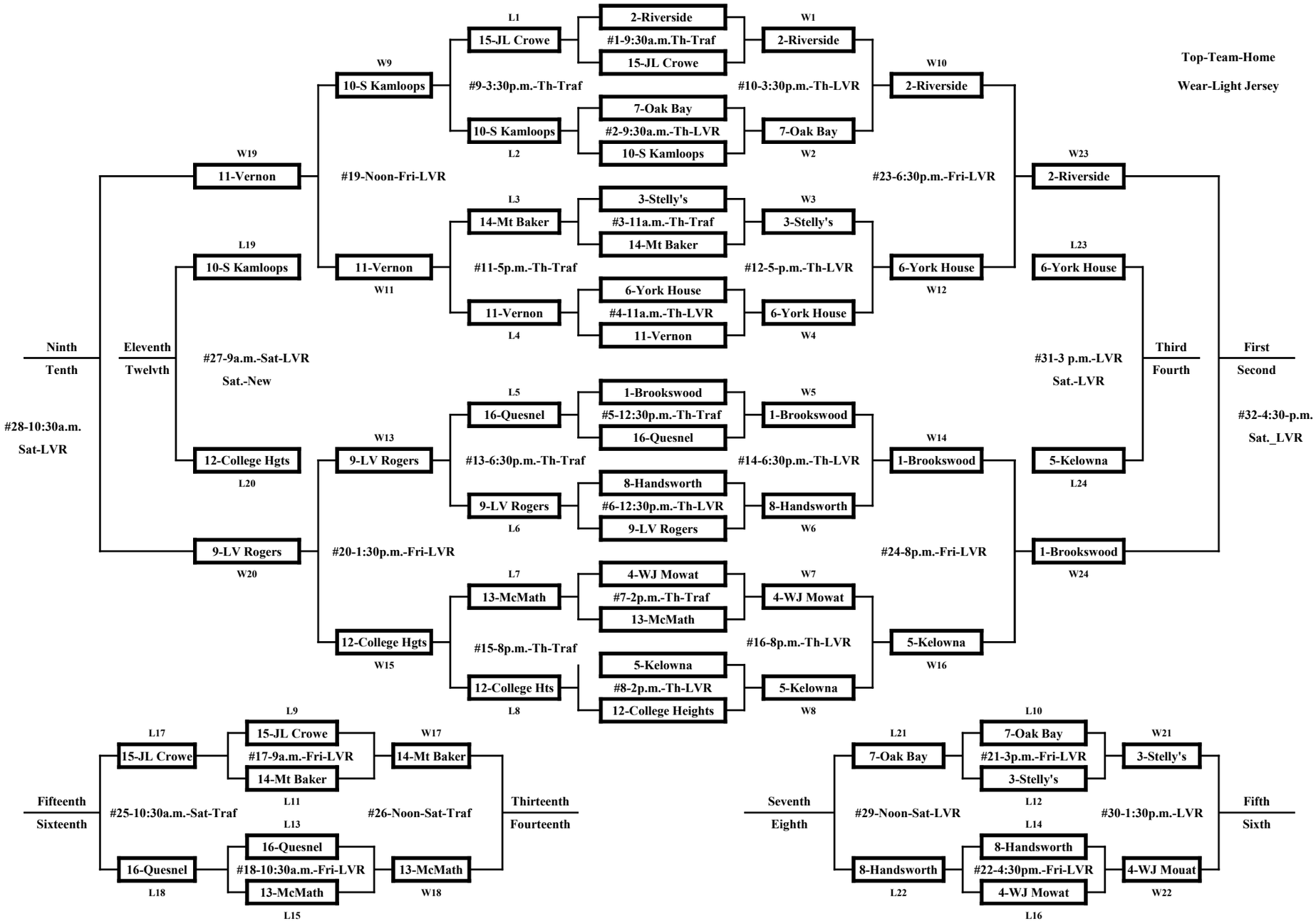2009 B.C. Junior Girls Basketball Championships